



at *WD Hill* - weekly activities

Mon	Tue	Wed	Thu	Fri
8:30am-10:00am Meet and Greet 10:15am-11:20am Guessing Games With Prizes 10:00am-11:20am Crochet Group 11:30am-1:00pm Congregate Meal	8:30am-9am Meet and Greet 9am-10am Lincoln Walking Group 10:00-10:45am Chair Exercise 10:15am-11:20am Arts and Crafts 11:30am-1:00pm Congregate Meal	8:30am-9:45am Meet and Greet 10:00am-10:45am Trivia Game 11:00am-11:20am Games 11:30am-1:00pm Congregate Meal	8:30am-9:m Meet and Greet 9am-10am Lincoln Walking Group 10:15am-11:15am *Bingo with prizes 10:00am-10:45am Chair Exercise 11:30am-1:00pm Congregate Meal	8:30am-9:45:m Meet and Greet 10:30am-11:20am Study Club 11:30am-1pm Congregate Meal



New Center Activities offered Monday-Friday 9:30-11:15am

Ceramics
 Active Reward Walking Club (ARWC)
 Card Contest

*If you would like to be a special guest or volunteer at Little River Senior Center , please contact Durham Center for Senior Life at 688-8247.