



at Preiss-Steele - weekly activities

Mon	Tue	Wed	Thu	Fri
8:30am-9:45am Coffee Chat 10:00-10:30am Creative Games 10:40-11:15am Needle Point 11:30am-1:00pm Congregate Meal	8:30am-9:15am Coffee Chat 9:30-10:30am Chair Exercise 9:20-11:15am Crafts 11:30am-1:00pm Congregate Meal	8:30am-9:15am Coffee Chat 9:30 am-11:15am Bingo 11:30am-1:00pm Congregate Meal	8:30am-9:15am Coffee Chat 9:30-10:15am BP & Glucose Program 10:20-11:15am Arts and Crafts 11:30am-1:00pm Congregate Meal	8:30am-9:45am Coffee Chat 9:30am-11:15am Center Activities 10-11:00am Chair Exercise 11:30am-1:00pm Congregate Meal



****New Garden Club****

New! Jewelry Making Class– every Monday @9am



If you would like to be a special guest or volunteer at Little River Senior Center , please contact Durham Center for Senior Life at 688-8247.